

MONTHLY BOARD MEETING MINUTES

March 23, 2015

Mental Health Board

Members in Attendance

Behrens, Sharon
Bond, Yvonne
Cleveland, Cheryl
Dickinson, Will
Holmes, Jim
Jarvis, Debra
Stanners, Sharon
Thickens, Theresa

Staff and Guests

Abrahamson, Twylla
Bauman, Maureen
Callahan, Nancy
Copple, Katrina
Cowen, Jeff
Jones, Janna
Osborne, Marie

Absent Members

O'Meara, Janet

Welcome and Introductions

Theresa Thickens, on behalf of the Chairperson of the Mental Health, Alcohol and Drug Board (MHADB), called the meeting to order at 6:15 p.m. Members and guests were welcomed and introductions were made.

❖ Board Protocol (Non-Board Member Participation) – Read

- This item is designed to clarify, for new attendees, the role of non-board members and their participation while attending the Mental Health, Alcohol and Drug Board (MHADB) meetings.
- The MHADB encourages public input in all of its meetings. In order to facilitate this, we allow for public input two times – once at the beginning of the agenda and once at the end. These times are for those items that do not appear on the agenda. For items that are on the agenda, the Board will allow time for input from the public at the time the item is heard by the Board. Input guidelines are as follows: (Not read this evening)
 - a. *All remarks shall be addressed to the Board as a body and not to any member of the board or staff.*
 - b. *No person, other than a member of the Board and the person having the floor shall be permitted to enter into any discussion without the permission of the chairperson.*
 - c. *For items not on the agenda, each person is limited to three (3) minutes of comment during the Public Comment Period(s.)*
 - d. *For items on the agenda, each person is limited to five (5) minutes of comment during the agenda item, unless time is extended by the chairperson*
 - e. *For items on the agenda, if there is a person speaking on behalf of a group, with no other comments by another member of that group, please identify yourself as such and your time may be extended at the pleasure of the chairperson.*
 - f. *Total discussion time on any item may be limited by the chairperson to ensure that all of the business on the agenda is completed no later than 8:00 p.m.*

❖ Guest Speaker: Nancy Callahan, IDEA Consulting – Mental Health Services Act (MHSA) Evaluation Data Presentation

- Maureen Bauman shared that Placer County has contracted with Nancy Callahan to help do evaluations on MHSA as well as some of our other mental health programs. Ms. Callahan will explain the process of how she will work with ASOC to develop outcomes and provide a status of where we are.
- Ms. Callahan provided a brief background on herself and her company (celebrating 25 years).
- Works with California counties to develop, write, implement, and evaluate various plans and grants.
- Ms. Callahan is collecting data related to MHSA.
- Reviewed the evaluation paradigm, noting what information is gathered, who receives services, what types of services, etc. The evaluation paradigm is adjusted to meet the needs of the various providers.
- Reviewed program specific outcomes being looked at and client perception of services (Client Satisfaction Questionnaire).
- Reviewed Measurements of functioning.
- Reviewed the next steps: develop evaluation reports to provide clear, easy-to-understand information on clients, services, programs, outcomes and client perception of services.
- MHSA funded 42 different programs.

Secretary/Treasurer's Report

Approval of the February 23, 2015 Regular Board Meeting Minutes – Approved minutes as distributed.

Approval of Treasurer's Reports – \$1,500 - Amount budgeted for Fiscal Year 2014-15. Expenditures for the month of February included: \$66.49 – food purchased. End balance of \$825.39 and is accepted as presented.

Standing Committee Reports

❖ Executive Committee

- At their February 9, 2015 meeting, the Executive Committee discussed and made a recommendation to send Janet O'Meara to the California Institute for Behavioral Health Solutions (CIBHS) Statewide Training for Local Mental Health Boards/Commissions Train-the-Trainer: Mental Health Boards 101.
 - All costs are paid by California Institutes of Behavioral Health Solutions (CIBHS).
- April 17, 2015.
- Another general training - Mental Health Boards 101 takes place in June (Sacramento), providing information on what mental health boards do.
- Ms. O'Meara will bring back information from her training and will be able to answer questions or we can send members to the June training.
- Details will be sent out at a later date.

❖ Alcohol and Drug (AOD) Committee – Cheryl Cleveland

- Cheryl Cleveland reported on her visit to an open house at Recovery Happens Counseling Services – outpatient therapy for adolescents, young adults and adults with addiction and dual diagnosis.
- The committee reviewed its goals again.
- May is Drug Court Awareness month. The committee plans to observe a Drug Court proceeding at the Santucci Center on Thursday, April 2nd and discussed what they want to accomplish with the visit and how it will be presented to the full board.
- Discussed the Criminal Justice Master Plan and Debra Jarvis shared what she had learned after attending a couple meetings.
- Amy Ellis reviewed the MIOCR (Mentally Ill Offender Crime Reduction) Grant with the committee. The goal is to reduce recidivism. While it's a mental health grant, it will meet a need within the Placer Re-entry Program, which has a heavier emphasis on the substance use needs.
- Briefly reviewed the Affordable Care Act and the connection with the 1115 Waiver.
- Discussed co-occurring disorders and how we need to meet people where they are in treatment and reviewed presenters for co-occurring disorders.
- The committee plans to schedule a date to visit Aegis to learn more about their third goal around heroin use. Aegis a medication assisted treatment facility used to treat addiction.

❖ Quality Improvement – Theresa Thickens

- The committee reviewed its goals and the progress for those that were set for FY 2014-15.
 - Educationally Related Mental Health – mental health services in the schools. The committee wants to bring information to the full board about the state of the state and how it relates/doesn't relate to MHSA, bringing everyone up-to-speed on the mental health situation in the schools.
- Briefly reviewed test reports and what is needed pertaining to the Triannual System Review Audit.
 - Reminded members that part of our task is to make test calls and encouraged everyone, if they haven't already completed a test call to please do so.
 - Maureen Bauman noted there's a statewide focus on the 24-hour lines in all counties.
 - Marie Osborne attended a Quality Improvement conference, sharing that the state is requesting copies of test calls for proof of completion. They also want us to begin reporting on a monthly basis to see how many calls are made and want more analysis of the test calls.

❖ Children's Committee – Will Dickinson

- Reported on the Sprouts Program (Trauma Informed Care), for preschool aged kids.
 - The county has purchased space at the Children's Receiving Home of Sacramento.
 - Sharon Behrens identified a plan to create a community advisory council to do outreach to providers.
 - Passed around a wish list of small items the group could use (the idea is create support within the community).
- For those interested in touring the facility, contact Sharon Behrens.

- ❖ Adult Services Committee – Yvonne Bond reported on behalf of Janet O'Meara
 - The committee did not meet in March.
 - Janet O'Meara attended both the Mental Health Services Oversight and Accountability Commission and the Campaign for Community Wellness meetings.
 - Developed goals for 2014-15 and plan to focus on the challenges of providing services to those with severe and persistent mental illness.
 - The experience of watching their own family members accessing services has been beneficial in helping the committee determine what areas they need to focus on.
 - Plan to visit Turning Point to better understand their services.
 - Working with Curtis Budge, ASOC program manager, on tracking the progression of the one individual in AOT (Assisted Outpatient Treatment).

BOS-Representative

- ❖ Supervisor, Jim Holmes reported on the following:
 - The Board of Supervisors approved the use of the minimum barracks as a homeless shelter on a temporary basis.
 - Closing a couple libraries - Meadow Vista and Loomis.
 - Plan was to take action on April 7th but will postpone the decision until community members can provide input to see how the library system can be more sustainable.
 - Under the strategic plan, the magnet libraries with the greatest volume – Rocklin, Auburn and Colfax will remain open. The idea is to close the underutilized libraries and spread the resources to the magnet libraries.
 - Getting a new book mobile.

Correspondence and Announcements

- ❖ Theresa Thickers, reported on the receipt of the following:
 - Conflict of Interest – Form 700. Janna Jones reminded board members that the April 1, 2015 deadline for filing the Annual Form 700 is quickly approaching.
 - Form 700 to be filed as follows: 1. Assuming Office (*new member*); 2. Leaving Office; and 3. Annually (*unless new member assumed office between October and December 31st of the filing year*).
 - *Government Code Section 91013* imposes a late fine of \$10 per day (up to a maximum of \$100), after the filing deadline and until the form is filed.
 - Filing deadline: April 1, 2015

Director's Report

- ❖ Maureen Bauman reported on the following (*Director's Report sent electronically*):
 - American Society of Addiction Medicine (ASAM) is the National Association that developed the criteria we'll be using in our new organized delivery system – Substance Abuse Disorder (SUD) 1115 Waiver. Our job will be to predict the number of people that are going to need services.
 - The BOS is expecting to receive the Homeless Needs Assessment report from Dr. Marbut on April 7th.
 - Reported on the first individual entering the AOT program.
 - MHSA program – board members were sent the link to Darrel Steinberg's report (developed by the County Behavioral Health Directors Association in conjunction with Mr. Steinberg). Placer participated in the statewide response to counter inaccurate data identified in the Little Hoover Commission report.

Unfinished Business

- ❖ Recruitment (*Standing Agenda Item*)
 - Nothing to report.
- ❖ Visibility of MHADB Services (*Standing Agenda Item*)
 - Nothing to report.
- ❖ Draft Handbook (*Update*)
 - The draft handbook is now with the ASOC Administrative Secretary for formatting and will be ready for the May 2015 Annual Retreat.

- ❖ Annual Retreat Discussion
 - Reviewed the changes made to the draft agenda based on discussion and recommendations made at the February 23, 2015 meeting (*revised agenda distributed*).
 - The handbook will be used at the retreat as a discussion tool for one of the agenda items.
 - **Annual Retreat Date:** Friday, May 8, 2015 from 9:00 – 2:00 (includes the regular board meeting).
 - The Board still needs to identify the location.
- ❖ MHADB Prior Years' Minutes/Agendas on Website
 - The proposed update of the MHADB's website was provided to all members.
 - In response to a member's question as whether there's a way to find out how many people access the Board's website, Maureen Bauman noted that a report could be obtained from our Information Technology group.
 - Theresa Thickens tabled the discussion until next meeting.

New Business

- ❖ Appoint Nominating Committee
 - Theresa Thickens reported that both Cheryl Cleveland and Sharon Stanners have volunteered to sit on the nominating committee (all three will be on the committee).
- ❖ Vote on Appointment of Dr. Andrew Mendonsa (Public Interest Member) to the MHADB
 - The Executive Committee interviewed Dr. Mendonsa and recommends his appointment to the MHADB.

Debra Jarvis made a motion to accept the appointment of Dr. Andrew Mendonsa to the MHADB, Cheryl Cleveland seconded. Motion carried.
- ❖ Contracts [**Action Item**]
 - Maureen Bauman provided an overview of the below contracts. The contracts were reviewed and approved by the Executive Committee.
 - ☐ Amendments for Aegis and CORR Substance Use.
 - ☐ Amended contract with Turning Point Community Programs

Debra Jarvis made a motion to accept the contracts, Sharon Behrens seconded. Motion carried.

Board Member Comments

- ✧ None

Public Input

- ✧ Katrina Copple announced the Wellness Recovery Action Plan (WRAP) graduated 12 participants.
- ✧ Jeff Cowan reminded that PIRS (Placer Independent Resource Services) has support groups, a different group every day of the week with a different focus – women, men, older adult and a heavy emphasis on mental health and a few cross disability groups.
- ✧ Debra Jarvis noted that Sierra College is offering Mental Health First Aid training (community education) on April 26, 2015.

Adjournment

- The meeting was adjourned at 8:00 p.m.
- Monday, April 13, 2015 at 3:30 p.m. is next Executive Committee meeting (ASOC).
- Monday, April 27, 2015 is the next Board meeting taking place in the HHS Adult System of Care, Cirby Hills Facility (Cafeteria), 101 Cirby Hills Drive, Roseville

Secretary/Treasurer, Mental Health, Alcohol and Drug Board